



## Stay Calm and Be Grateful: Miss Congeniality Girls Gratitude Journal

By Dr. Angelique S. Jackson

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 100 pages. Dimensions: 7.8in. x 5.1in. x 0.2in. Gratitude journals help to keep you in a positive and peaceful emotional state of being. Miss Congeniality Girls Gratitude Reflection Journal allows girls to foster perseverance and resiliency and develop positive attitudes and outlooks by finding gratitude in everyday life's moments. Not only is this journal fabulous for the everyday sassy and classy girl, it is also a practical journal for girls dealing with relational aggression as well as for programs that incorporate social and emotional learning standards. Miss Congeniality Girls is a present-day approach of branded programs and products with a focus on girls of Color aimed at cultivating the next generation of socially responsible and emotionally poised savvy young ladies; we use a fresh and eclectic approach of old and new school values to address contemporary issues. With Yoga Wellness as the nucleus, our programs focus on social and emotional learning; etiquette and soft-skill refinement, nutritional culinary, relational aggression, and overall being congenially fabulous! This item ships from La Vergne, TN. Paperback.



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