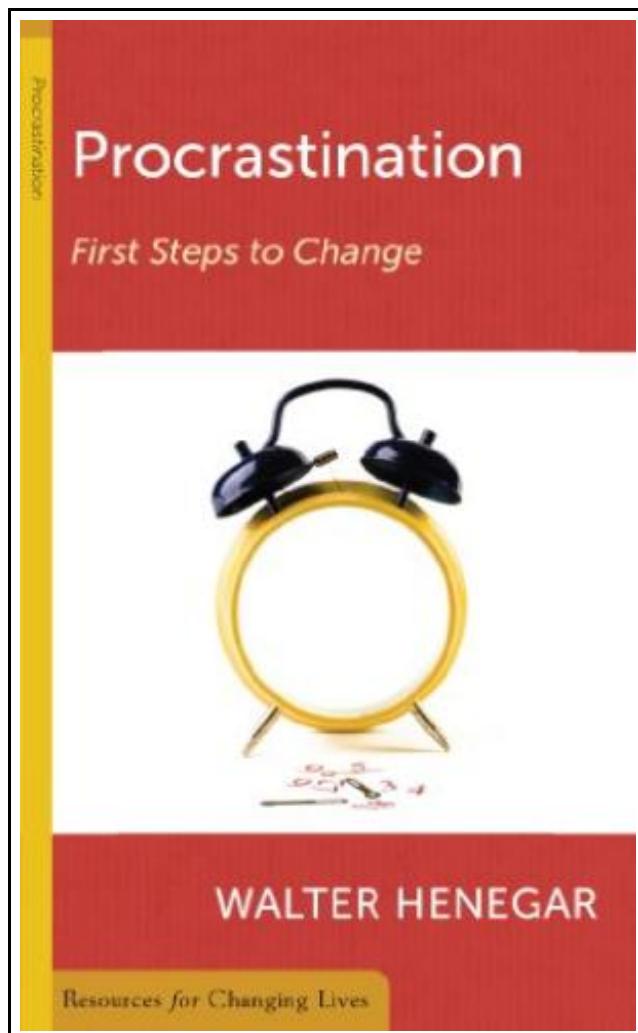


## Procrastination: First Steps to Change



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P & R Publishing. Paperback / softback. Book Condition: new. BRAND NEW, Procrastination: First Steps to Change, Walter Henegar, ?I?ve been procrastinating most of my life. If a task is even remotely unpleasant, my tendency is to put it off. It's not that I?m lazy; I?m actually very busy, I just wait as long as possible to do the really hard stuff.? This is how author Walter Henegar describes his life. Does it sound like your experience? If so, this booklet will help you see procrastination from God's point of view, and show you how to change. Henegar recognizes that even through procrastination is acceptable in our culture, it is a deeply rotted sinful pattern in our lives. Only by God's goodness and grace can our hearts be changed. Do you procrastinate? Do you doubt that you can change? Ask God to change you, and trust that he is able to do it.

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