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Do These Things or You Will Die.5 Secrets to a Long, Healthy, Energetic Life

By Scott DuPont

Createspace, United States, 2012. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****. Do These Things or You Will Die.5 Secrets to a Long, Healthy, Energetic Life! could be titled Confessions of a Medco Rep as the author - Scott duPont worked for Medco (one of the world's largest prescription benefits companies) for 8 years meeting with over 12,000 individuals about their prescription medications. In the last 2 years, the author noticed a large increase in the number of young people now taking maintenance drugs on a daily basis. During the course of his career, duPont was also hired by over a dozen medical equipment pharmaceutical companies (including Medtronic, Pfizer, Sanofi-Aventis, Merck, Glaxo, Novartis) attending over 100 medical conventions around the world including numerous Oncology annual meetings and found the current state of most American's health alarming. Simultaneously over the past few years, Scott lost over a dozen close friends family members to cancer and other terminal diseases which became the genesis for writing this self-help book to get people healthy again. Initially interested in Biology Anatomy during his pre-med studies in college, duPont did not continue on to...


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SIMON SCHUSTER, United States, 2010. Paperback. Book Condition: New. Reprint. 212 x 138 mm. Language: English . Brand New Book. One man. Ten extraordinary quests. Bestselling author and human guinea pig A. J. Jacobs puts his life to the test and reports...



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Taylor Francis Ltd, United Kingdom, 2009. Paperback. Book Condition: New. 242 x 174 mm. Language: English . Brand New Book. In recent years there has been an increase in research into childhood depression, and it is now recognised that depression can severely...



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