



## Practical Observations Upon the Chemistry of Food and Dietetics (Classic Reprint)

By J B S King

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Excerpt from Practical Observations Upon the Chemistry of Food and Dietetics There has probably never been a time when the attention of the public has been more generally directed toward the care of the health than the present. Every newspaper in the land seems to have a column or a corner devoted to the development of the body, to the care of the skin, to the obliteration of wrinkles, to the attainment of beauty, or to some phase of the care of the body. Magazines devoted to physical culture, to diet, to vegetarianism, etc., are widely circulated and read; there are books devoted to the thesis that fruit acids are deleterious and poisonous, and other books to prove that they are indispensable. Pseudo-scientific articles attempting to show that potatoes produce large abdomens, that tea causes the teeth to protrude, that carbohydrates have the effect of overdeveloping the chin, that onions relax the jaw tissues, and a host of like absurdities, have appeared in popular magazines. Books have been written which try to prove that all our ills...

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