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Prognosis: Poor: One Doctor's Personal Account of the Beauty and the Perils of Modern Medicine

By Frances Southwick

BookBaby, United States, 2015. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book. *Prognosis: Poor* is a poignant snapshot of one physician's medical training. Frances Southwick, D.O. explores the highs and lows (more often the lows) of the process of becoming a doctor. She delivers colorful detail inside the mind of one trainee, herself, through undergraduate school, medical school and residency. The book focuses most heavily on the capstone of family medicine training: three years of residency in a well-respected Pittsburgh hospital. Dr. Southwick courageously explores her most difficult moments of self-doubt and hopelessness, but wraps the text up with a chapter cataloguing current problems in the training process and how they might be remedied. This memoir highlights the problem of depression in physicians and physicians-in-training as a looming, large, current problem. Greg Gallik, D.O., Dr. Southwick's mentor and the medical director of the University of Pittsburgh Medical Center's Family Health Center states: *Prognosis Poor* shines a much needed light on medical training in the U.S. Frances Southwick somberly illustrates the intense demands placed on those who choose to devote their lives to improve the health of others while simultaneously forcing them...



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Reviews

Complete guideline! Its this type of great read through. it absolutely was written quite perfectly and helpful. I am very happy to explain how this is basically the best book i actually have read through during my personal life and can be the very best book for at any time.

-- **Joshua Gerhold PhD**

A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.

-- **Meagan Roob**