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Breadmaking: Self-Sufficiency

By Hawkins, Kathryn.

Skyhorse. 1 No Jacket(s), 2012. soft. Book Condition: New.

Therapeutic, expressive, and of course delicious, breadmaking requires only the most basic culinary skills. This book provides the basics, including essential equipment, simple breadmaking techniques, and 40 recipes from plain white to whole wheat loaves, sourdough to French baguettes as well as international fare, including brioche, pita bread, naan, and soda bread. Whether you dream of moving to the country and living off the land, or just want to make city living simpler and more organic, this beautifully illustrated handbook is part of a series designed to help offering advice on what to do, how to do it better, and how to save money as well. 128.



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