



## Understanding Skin Problems: Acne, Eczema, Psoriasis and Related Conditions

By Linda Papadopoulos, Carl Walker

John Wiley and Sons Ltd. Paperback. Book Condition: new. BRAND NEW, Understanding Skin Problems: Acne, Eczema, Psoriasis and Related Conditions, Linda Papadopoulos, Carl Walker, As suffers will know, any dermatological condition can have a devastating effect leading to feelings of isolation and depression. Filling the gap between medical advice and lay knowledge, Understanding Skin Problems provides crucial information to help you understand the various aspects of your condition -- psychological and social as well as medical -- so that you can improve the quality of your life and learn to cope better with the problem. Written in easy--to--understand language, it offers a positive, hopeful outlook and includes lists of organizations for further help. aeo Broad coverage relevant to a wide range of skin conditions aeo Written in a very accessible style aeo Lists of further help, organisations etc included Linda Papadopoulos is a Reader in Psychology and a chartered counselling and health psychologist. She currently works as a course director at London Guildhall University. She has published extensively in the fields of medical and counselling psychology and has been invited to present her research at various international conferences. She has also appeared on a variety of television programmes such as...



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