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## INSTEAD OF WATCHING TV: 99 ACTIVITIES TO HELP KIDS UNPLUG



Skyhorse Publishing. Paperback. Book Condition: new. BRAND NEW, Instead of Watching TV: 99 Activities to Help Kids Unplug, Anna Huete, Recent studies have shown that children in today's world spend more than three hours daily in front of the TV. Educators suggest that this habit causes obesity and apathy in children. What can we do? Instead of Watching TV offers kids alternatives to TV or videogames. These ideas permit parents to enjoy a few minutes at their children's sides and...

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- Authored by Anna Huete
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